



Sutherland North Public School

Grounds to Grow

Schooltalk – 5 June 2013

Principal's Message

Leanne Noon

School Swimming Scheme

The School Swimming Scheme is for children in Year 2 & 3 and for weak swimmers in Years 4 to 6. Instruction for our children will take place at Sutherland Leisure Centre in the indoor pool. The lessons will be conducted over nine days. Each daily lesson is 45 minutes. Swimming will continue daily for two weeks from Tuesday 16 July (Day 1 Term 3) to Friday 26 July 2013. The children will leave school at 9.00am and return by 11.00am. There is no charge for instruction and pool entry is subsidised by Sutherland Shire Council. Transport is by bus and will cost \$45. This is a fantastic way for the children to improve their swimming ability at a very reasonable cost.

Year 5 Dancesport

Our Year 5 children have the wonderful opportunity to participate in the Sydney Region Dancesport Challenge each year. The children benefit from expert tuition in ballroom dancing from a professional dance instructor learning the Cha Cha, Jive, Tango & Salsa. The Dancesport Grand Showcase Finale is one of the highlights of the year for the children.

Invoices for Excursions & other activities

Unpaid accounts have an impact on the funds available to purchase essential classroom equipment and resources for all the children. Parents are reminded that payment for excursions, band, ukulele, Dancesport, other activities and school resources need to be received prior to the event and by the date requested on the information note. Notes and money are to be handed in by the children to their class teacher. Term 2 Invoices have been sent home recently. Thank you so much to the families who have already paid.

Sutherland Shire Schools Music Festival (SSSMF) Tickets

Our Year 2 Choir and Junior Dance Group will perform in the Sutherland Shire Schools Music Festival at 7pm on Wednesday 21 August. The Senior Choir and Senior Dance Group will perform at 7pm on Thursday 15 August. Both concerts are held at the Sutherland Entertainment Centre. **Tickets for this event will only be available online. All tickets went on sale at 9.00am last Wednesday 29 May, on a first-in, first served basis.** We recommend you order yours as early as possible. In the unlikely event that there are unsold tickets for a particular concert, these will be available at the box office on afternoon/night of the concert. Tickets this year are \$17.50. Due to health and safety regulations, the Entertainment Centre will not allow children to sit on parents' laps. Each person attending the concert will require a ticket. To order and purchase tickets, go to www.trybooking.com/CUWN

Diary Dates

June

Wednesday 5

Science Competition
1.30pm Triple P Positive
Parenting Program

Thursday 6

10am Kindergarten 2014
Parent Information
Meeting

Thursday 13

1/2 day Junior Choir
Rehearsal

Tuesday 18

1/2 day Senior Choir
Rehearsal

Wednesday 19

School Photographs
7.30pm P&C

Friday 28

Crazy Hair Day
Semester 1 Reports
Last day Term 2

Kindergarten Enrolments 2014

We are now accepting enrolment applications for 2014. Any school families with pre-schoolers turning 5 years by 31 July 2014 and are ready for school are eligible to enrol. **There will be a Kindergarten 2014 Information Meeting at 10am tomorrow Thursday 6 June for interested parents/carers.**

School Photographs

School Photographs will be taken on Wednesday 19 June and payment must be received by Tuesday 18 June. If you would like to have a family photograph taken, envelopes are available from the school office. These photos are for siblings attending our school. This year the children will wear their winter uniforms for school photographs. Girls: winter tunics or navy trousers and school polo shirt, maroon school jumper, white socks or navy tights & black school shoes. A reminder that bike pants, track pants, navy trousers or leggings are not to be worn under the winter tunic. Boys: grey long trousers, school polo shirt, maroon school jumper, grey socks & black shoes.

SRC Update

Woolworths Earn and Learn

Thank you to all students and parents who have supported the Woolworths Earn and Learn promotion. If you are still collecting Woolworths Earn and Learn Points, you have until Friday 7 June to return these to school. Points sheets are available direct from Woolworths or online via <http://www.woolworths.com.au/wps/wcm/connect/website/woolworths/about+us/community/woolworths+earn+and+learn/pointscard>. Our school will be able to redeem these points for some fantastic new resources.

Crazy Hair Day

On the last day of Term 2, Friday 28 June, our school will be having Crazy Hair Day to support Cystic Fibrosis NSW. Students are encouraged to wear a colourful wig or style their hair in an interesting and crazy fashion. Please bring a gold coin donation to school. All money raised will go to Cystic Fibrosis NSW. Thank you for your ongoing help and support with SRC projects.

Canteen Roster Term 2

	Monday 10.30am – 2pm	Tuesday 1pm – 2pm	Wednesday 10.30am – 2pm	Thursday 1pm – 2pm	Friday 10.30am-2pm
Week 6			5/6 Rachel Graham	6/6 Jane Murray	7/6 Monica Brabant Jennifer Swan
Week 7	10/6 PUBLIC HOLIDAY	11/6 Jean Barrett	12/6 Anne Davies	13/6 Lindsay Smith	14/6 Nicole Mogensen Emma Hall
Week 8	17/6 Jemima Jupp	18/6 Anita Oze Natalie Skinner	19/6 Rachel Graham	20/6 Leanne Pullen	21/6 Monica Brabant Jane Love
Week 9	24/6 Mien Tze Ng	25/6 Jo Hunnisett	26/6 Cathy Whittingstall	27/6 Katrina Briancourt	28/6 Nicole Mogensen Lisa Brooks

Website of the Week










Helping your child with homework

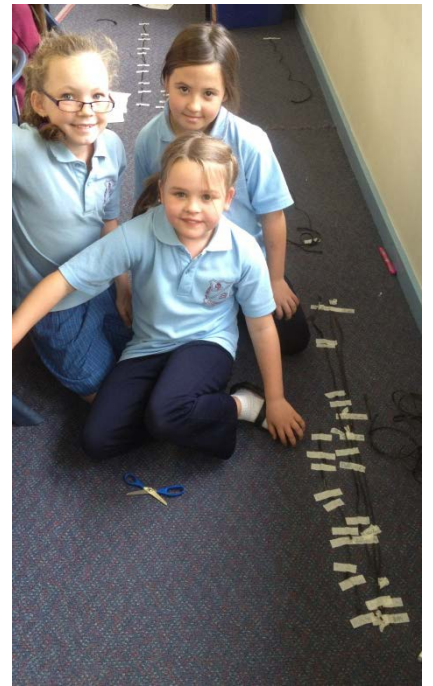
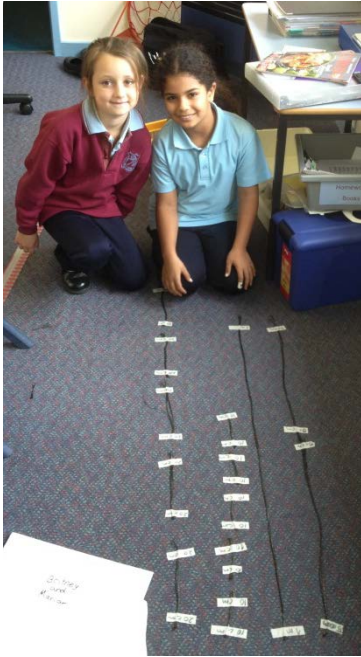
Video: Teachers talk about how parents can help kids take responsibility for their homework and avoid Thursday night meltdowns. Find out

more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/helping-your-primary-school-child-with-homework>

Assembly Awards - Term 2 Week 5				
Award		Student Names		
Principal's Award for Kindness		Faith W KP		
Spelling Award		Cody C 2/3		
Winning Class - lines		KP		
RFF – Mrs Greaves		Hayden S 1DG		
Library – Mrs Connor		Brenda V KK, Caitlin C Yr 6		
Class	Student of the Week	Class Awards		
KK	Emma K	Mitchell T	Brenda V	
KP	Thomas G	Jessica B	Broc B	
1DG	Konrad S	Abigail H	Blake T	
1M	Damien L	Oliver I	Tenisha C	
Yr 2	Chloe E	Leah H	Jayden G	
2/3	Maggie O	Mariam I	Kristen O	Amelia J
3/4	Sarah K	Logan T	Lily J	Oliver M
4/5	Zack J	Taylor M	Waeriti P	Hannah H
Yr 5	Luca S	Olivia C	Ben D	Olivia H
Yr 6	Miah N	Jack D	Billy Z	Portia S
Premier's Reading Challenge				
Ethan M 1DG, Brooke C 1DG, Darcy J KK				
Bronze Pennants				
Zac B Yr 6, Monica K Yr 6, Caitlin C Yr 6, Epeli S Yr 6, Alwin L Yr 5, Kosta M Yr 2,				
Hannah M 1M, Alessandro S 3/4, Ebony S 1DG, Blake K 2/3, Abbey W 2/3,				
Mitchell S Yr 2, Chloe E Yr 2, Alana D Yr 6, Tom N 4/5, Madison H 1M, Natasha B 3/4				

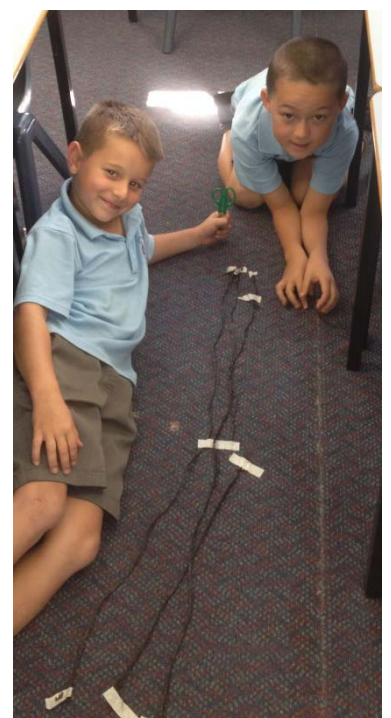
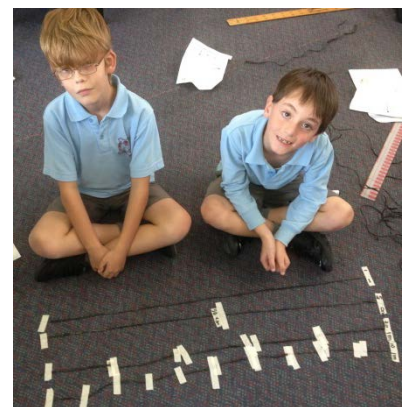
Important things to do this week.....

-  Purchase tickets online for the Sutherland Shire Schools Music Festival
-  Pay for your child to participate in the Swimming Scheme
-  Organise your child's winter uniform
-  Volunteer as an Ethics teacher
-  Collect Woolworths Earn and Learn points
-  Enrol your child for Kindergarten 2014
-  Return your child's School Photograph envelope
-  Support the Crunch & Sip Program
-  Pay the Term 2 Invoice



2/3

Measurement Activities





Multi-Purpose Centre for the Disabled
123 Flora Street SUTHERLAND 2232
PO Box 580 SUTHERLAND 1499
Tel / Fax: (02) 8544 8604
Email: ssldsg@learningdifficulties.org.au

Patrons:
Joy V Toll, OAM
Lynn Lennox

Understanding and Managing Challenging Behaviours in Children

Monday 17th June 2013
7.30pm – 9.00pm

Our Presenters are

Michelle Valero, Clinical Program Manager and Psychologist,
Assessment and Behaviour Interventions (ABi)
Tommasina Bellomo, Senior Behaviour Support Educator and
Psychologist, Assessment and Behaviour Interventions (ABi)

Ms Valero and Ms Bellomo will discuss how to identify triggers of challenging behaviour as well as factors that maintain or escalate a child's reactions. The presentation will cover different ways to respond to disruptive behaviour and how to match an appropriate response to each situation. This presentation is suitable for parents, carers and professionals working with children who would like a greater understanding of behaviour management.

Venue: The Multi Purpose Centre for the Disabled
123 Flora Street, Sutherland
For further information contact
SSLDSG Inc. on 8544 8604
or email ssldsg@learningdifficulties.org.au

We thank you for your kind donation of \$5 for SSLDSG members and \$10 for non-members to assist us with our ongoing support and advocacy.

SHARKS BASKETBALL HOLIDAY CAMP



9th to 12th July 2013
9am - 2pm Age 6 to 15 years
T-Shirt & Ball for all Camp Participants



**Enrolments close
3rd July 2013.
(Unless maximum
numbers are reached
prior to closing date).
Book early to avoid
Disappointment.**

**Download enrolment form from our website:
www.sutherland.basketball.net.au**




Waratah Park Rawson Ave Sutherland
Phone: 9542-1999 Fax: 9521-5696
Email: admin@sutherlandbasketball.net.au
Website: www.sutherland.basketball.net.au



Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 ... for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 ... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 ... for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 ... for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 ... for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 ... unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 ... until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 ... unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	<div>  ... if they have symptoms. Contact your doctor before returning to school. </div> <div>  ... if they have a chronic infection (not the first outbreak) and no symptoms. </div>
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.
Molluscum Contagiosum	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	
Mumps	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.
Ringworm* (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.
Runny nose or common cold		 ... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 ... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 ... and tell the school as other parents will need to know to check their kids.

***It is important that the rest of the family is checked for head lice, scabies and ringworm**