



# Sutherland North Public School

School-talk – 7 March 2016

## Principal's Message - Fiona Young

### Welcome

I would like to wish a warm welcome to our new student Juliette of Year 1 and her family to SNPS. Juliette has joined class 1O'H.

### Ukulele Groups

There has been a huge increase this year in the number of students wanting to join the music groups. To support this wonderful program we welcome new tutor Mr Peter Morgan who joins Mr Gordan Brown, teaching the Ukulele. The students are thoroughly enjoying these music sessions.



### Term 1 March

**Thursday 10**

Crazy Hair Day

**Wednesday 16**

P&C EGM Meeting

**Monday 21**

Harmony Day

**Thursday 24**

Easter Hat Parade

**Friday 25**

Good Friday

**Monday 28**

Easter Monday

### April

**Friday 8**

Last Day Term 1

### Term 2

### April

**Tuesday 26**

Staff Development

**Wednesday 27**

Students return for  
Term 2

### PSSA Sport

Boys Softball &  
Cricket  
Box Road – bottom  
field

Girls Touch Football  
Waratah Oval

### The Tell Them From Me student Feedback Survey

Our school, like many others in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>

The survey is a great opportunity for our students to provide our school with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help improve how they do things at school.

I want to assure you that the survey is confidential and school staff will not be able to identify individual students from their responses. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 21<sup>st</sup> March and 1<sup>st</sup> April. Participating in the survey is entirely voluntary. This survey is open to students in Years 4 to 6.

A consent form and a list of frequently asked questions (FAQs) for parents/carers about the survey is being sent home with students. If you **do not** want your child or children to participate, please return the consent form to school by **Friday 18<sup>th</sup> March**. The FAQs and copies of the consent form, including translated consent forms, are available from the website above.

### Crazy Hair Day This Thursday 10<sup>th</sup> March

Tayla from 5/6S is raising money for the Leukaemia Foundation 'World's Greatest Shave'. The school community is supporting Tayla to raise funds by holding a '*Crazy Hair Day*', on **Thursday 10<sup>th</sup> March** all funds raised will go to the [worldsgreatestshave.com](http://worldsgreatestshave.com) to support people with blood cancer.

A gold coin donation and wear your crazy hair on Thursday! Students can decorate their hair with coloured spray, wear a wig or come along with a crazy hair style.

### Zone Swimming Carnival

On Thursday, 3<sup>rd</sup> March, 27 students represented Sutherland North Public School at the Zone Swimming Carnival. It was another beautiful day and our swimmers did our school proud! Congratulations to Evie C who has made it to the Regional level (15<sup>th</sup> March) and to Mitchell T who is a reserve!



### Boating Safety Talk for Year 5 & 6 Students

On Wednesday 24<sup>th</sup> February Stage 3 students participated in a 'Boating Safety' presentation. The presentation was run by Mr Roy Lonsdale who is the Boating Education Officer with the NSW Roads and Maritime Services. Mr Lonsdale educated us about safe and enjoyable boating skills of all types and demonstrated the most important safety equipment that should be carried on boats, especially lifejackets. We enjoyed the talk with Mr Lonsdale and had lots of fun learning some life survival skills on a boat. Thank you to Mr Roy Lonsdale for coming to Sutherland North Public School to teach us about boating skills. By Desharn D & Logan T



### Clean Up Schools Day – Friday 4 March

Communities and organisations ran **Clean Up Australia Day** activities on Sunday 6<sup>th</sup> March. On Friday 4<sup>th</sup> March, students at Sutherland North Public School enthusiastically participated in our school's Clean Up Day. Year groups were allocated a space in the playground and we were pleased to find very little rubbish at all! Our school is proud of the vast grounds we have access to and proud of the student's ability to maintain tidy play areas. Well done boys and girls!



Thank you for joining Clean Up Australia  
presented to

  
Ian Kiernan AO,  
Chairman and Founder

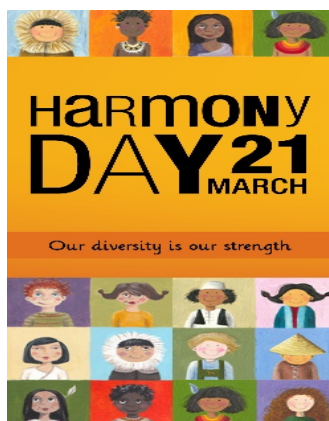


## Harmony Day

Monday 21<sup>st</sup> March is Harmony Day. Harmony day celebrates Australia's cultural diversity. It's about inclusiveness, respect and a sense of belonging for everyone. It is a day for all Australians to embrace cultural diversity and to share what we have in common. The central message for Harmony Day is that 'everyone belongs', reinforcing the importance of inclusiveness to all Australians.

The theme for Harmony Day 2016 is **our diversity is our strength**.

Our school will be celebrating Harmony Day. Children are asked to wear something orange on this day. They will be participating in class based activities to recognise this wonderful day and acknowledge the importance of respect and inclusiveness.



Assembly Awards Term 1 Week 6				
Award		Student Names		
Principal's Award		Simone B – 4R		
Bookwork Award		Ebony S – 4R		
Infants Sport		Sophie H	2C	Harrison S 2B
Primary Sport		Tyler C	3/4M	
PSSA - Boys		Dylan M		
PSSA - Girls		Mackenzie R	5/6M	Rachel E 3/4M
Class	Student of the Week	Class Awards		
KK	Callie S	Mia H	Miles I	
KJ	Astrid B	James G	Brielle P	
1K	Chelsea A	Steven C	Zara S	
1O'H	Elise B	Jacob P	Henry T	
2B	Saxon B	Joshua G	Maryteresa T	
2C	Lily J	Neve J	Harry K	
3F	Mina W	Riley O	Jessica B	Lachlan S
3/4M	Karissa R	Amiel S	Cassidy B	Audrey L
4R	Lucy T	Brooke C	Konrad S	Iara M
5/6M	Grace M	Nina S	Britney S	Cody C
5/6S	Hamish C	Kyran C	Valentino M	Lily J

## Canteen News

We have a new milk supplier and now stock Oak Lite flavoured milk in Chocolate Strawberry & Banana.

Apple & Raspberry Quenches are no longer available from our current supplier.

As you all know our Canteen is going out to tender and we will soon be handing over to an external contractor. Keeping this in mind we are trying to keep stock low so we don't have an oversupply of stock for when this happens.

We appreciate your patience.

We are also looking for volunteers to help run the canteen on the day of the Easter hat Parade (24/3). If there are people around that were planning to come to watch the parade and could spare a bit of time for the morning tea then please send Kate an email on k878-28@hotmailcom or 0416 922 812.

Thank You  
Canteen Committee

2016	Term 1	MON	TUES	WED	THURS	FRI
Week 6	29/2 - 4/3	Jean Barrett	Narelle Allen	HELP NEEDED	Naomi Hamilton	Margaret Bradford & Kate O'Brien
Week 7	7/3 - 11/3	Narelle Allen & Sam Sandford-Johnson	Natalie Skinner	Belinda Hackett & Vanessa Home	Fiona O'Brien	Nicole Morgenson & Kerry Charles
Week 8	14/3 - 18/3	Jean Barrett	Emma Hall	HELP NEEDED	Alison Barry	Cath Banovic & Susanna Helmers
Week 9	21/3 - 25/3	HELP NEEDED	Katie Corbin	Lauren Steven & Marilyn Stevens	Naomi Hamilton	GOOD FRIDAY CLOSED
Week 10	28/3 - 1/4	EASTER MONDAY CLOSED	Natalie Skinner	HELP NEEDED	Leanne Pullen	Alison Mijkonja & Sonya Bradford
Week 11	4/4 - 8/4	HELP NEEDED	Emma Hall	Lindsay Smith HELP NEEDED	Alison Barry	Lesley Wells & Belinda Bonnett



Leukaemia Foundation

**WORLD'S  
GREATEST  
SHAVE™**

*Join us in*  
**CHINVILLE**



Get sponsored to shave or colour your hair to help people with blood cancer.

**Sign up  
now!**

**March 10-13**

[worldsgreatestshave.com](http://worldsgreatestshave.com)

Phone: 1800 500 088  
#worldsgreatestshave







# Being a Mum

**This three-session program will help mothers to become more mindful parents and build skills to encourage closer relationships with their children.**

**You will learn to:**

- understand yourself as a mum
- connect with your children
- discipline children in a positive way
- bring out the best in your children

**Friday, 10:00am – 12:00pm**

**13 May 2016 One session only**

Venue: Caringbah Interrelate

Address: 383-385 Port Hacking Rd,  
Caringbah

**FREE**

**Bookings Essential – Phone 8522 4408**

**FREE**



# Building Bridges

When parents separate, they often live in two homes and kids need to find a way to build their own bridge between their parents' homes.

Building Bridges is a free two-hour workshop for children to discuss how bridges connect families that are living in two separate places.

**Children will learn:**

- to understand feelings about parental separation and conflict
- about changes in families following separation
- how to feel safe in the family
- to become emotionally stronger and more resilient

**For Children aged between 8 and 12 years**

**Venue: Caringbah Interrelate or  
we will come to your venue.**

**\$15 per child but negotiable**

**Address: 383-385 Port Hacking Rd Caringbah**

**Bookings Essential – Phone 8522 4408**





# Relating as Stepfamilies

**This three-session program assists couples to manage the demands of life as a stepfamily.**

It will assist parents to:

- examine the challenges and positives of stepfamilies
- examine personal beliefs and the effects of holding onto these
- highlight the losses stepfamilies have suffered
- recognise the importance of developing stepfamily rituals
- compare different communication styles

**Monday, 6:30 pm to 9:00pm**

**23 May | 30 May | 6 June**

**Cost: \$75 per couple**

**Venue: Caringbah Interrelate**

**Address: 383 – 385 Port Hacking Rd, Caringbah**

**Bookings Essential – Phone 8522 4408**



# Seasons for Growth

This is an eight-week program for children aged 6 to 12 years that have experienced grief and loss in their lives due to a significant change such as death, separation of parents or a natural disaster.

## Children will learn:

- to understand and talk about the normal range of emotions experienced during major change, grief and loss
- how to build positive relationships with family and friends
- how they can participate in a caring and confidential network of peers and adults
- about resiliency
- how to plan for a realistic and hope-filled future

**Monday, 4:00pm – 5:00pm**  
**2 May | 9 May | 16 May | 23 May | 30 May**  
**6 Jun | Public Holiday | 20 Jun | 27 Jun 2016**  
**Cost: \$50 per child**  
Venue: Caringbah Interrelate  
Address: 383-385 Port Hacking Rd  
Caringbah

**Bookings Essential – Phone 8522 4408**

Note: This program is developed by Good Grief and facilitated by Interrelate

