



Sutherland North Public School

School-talk – 19 July 2016

Principal's Message - Fiona Young

Welcome back to Term 3. I hope everyone has had the opportunity to take a pause from their busy schedules and enjoy some downtime during the holidays. I know the staff are rested and ready to do it all again!

Staff

Welcome back to Mrs Connor our librarian. It's great to see you back. Thank you to Mrs Moseley and Mrs Soames who did an excellent job of delivering the library lessons to our students in Mrs Connors absence. Mr Menegazzo 3/4M will not be on class each Friday of Terms 3 & 4 this year. Mrs Moseley will be teaching 3/4 M each Friday in his absence.

School Reports

Should you wish to discuss your child's report with their class teacher, please do not hesitate to make an appointment. Phone interviews are always available, but these too need an appointment to ensure the teacher is available to speak with you.

Reminder Parents and Carers

At SNPS the students learning and staff teaching opportunities begins at morning lines. Now that our kindergarten children are settled and well and truly familiar with their school routines I am requesting all parents and carers to leave the playground when the music starts each morning. Your support with this initiative will greatly assist the staff as they settle the students in their class lines and set the expectations for the day.

From the beginning of term 3 our student leaders will be locking the gates at 9am. In the afternoon the gates will be opened by the student leaders at 2.50pm for parents waiting to pick up children. As students are still in their classrooms finishing up for the day I am seeking your support by waiting outside of the school until the gates are opened to ensure students remain focused on the teacher at the end of each day.

Congratulations

Well done and congratulations to the P&C Committee who raised \$3,300 on Election Day. The support and generosity of the school community volunteering time, giving donations and baking for the cake stall made the initiative a great success. On behalf of the school I would like to say thank you to the P&C, volunteers and staff for your support. It is greatly appreciated.

Canteen Committee

The Canteen Tender Committee is pleased to announce the successful applicant to take over the Canteen License to be: 'Tucker Time'. Bianca and her experienced team will be taking over the license of the Canteen as of **Wednesday 20th July**. Tucker Time's 'Kick Off' menu is enclosed in the newsletter - please familiarise yourself with new products and pricing. The old SNPS Canteen Menu is no longer valid. Children with lunch orders containing the old menu items will have as close as possible substitution made, ensuring

Term 3

July

Monday 18

Staff Development

Tuesday 19

Student's Return

Wednesday 20

Canteen Opens -
Tucker Time

Kindy Information
Session

Thursday 21

Assembly - Craig
Stevens Guest Speaker

Thursday 28

Assembly

August

Tuesday 2

Education Week Open
Day

Wednesday 3

P&C Meeting

Thursday 4

Assembly

Tuesday 9

Father's Day Mufti

Wednesday 17

SSSMF Junior Choir &
Dance Matinee
Performance
SSSMF Senior Choir &
Dance evening
performance

Thursday 18

SSSMF Junior Choir &
Dance evening
performance

September

Thursday 1

P&C Father's Day Stall

Wednesday 7

The Great Book Swap
Dance Sport Gala Yr 5

they do get lunch. Any shortfalls of monies will be collected through the office.

Whilst it has been a few months in the pipeline, the actual selection and placement has only just happened, so watch this space for further information about menus, and suggestions will be welcomed. The process to order lunches will not change - please continue to use the post box outside the office to place your order.

The P&C Executive would like to take the opportunity to thank Mrs Young and Ms Janes for their time and efforts in working with Naomi Hamilton and Jemima Jupp in getting this tender in place. A huge thank you too must be said to Melissa Hillery and Kate Obrien, and all the parents who have assisted in the canteen in terms 1 and 2. Without their help, we would not have had a canteen in operation this year.

We look forward to a successful relationship with Tucker Time, and a new and exciting menu. Please join us in welcoming Tucker Time, Bianca and her staff Robyn and Leanne to our school community.

Assembly

This week we look forward to hearing from our guest speaker, Craig Stevens Ambassador for the Premier's Sporting Challenge, Olympic swimmer and SNPS parent. Craig will be speaking about the importance of healthy lifestyle choices. We hope you can join us on Thursday at 12.30pm.

Sport News

Congratulations to Blake K 5/6M on being selected in the Sydney East Softball team. The team will now compete at the State Championships to be held in Wagga Wagga in August. All the best Blake!

Assembly Awards Term 2 Week 10				
Award		Student Names		
Principal's Award		Desharn D – 5/6S, Mackenzie R – 5/6M		
Principal's Book Work Award		Konrad S – 4R		
Mrs Greaves		Belle G – 1O'H, Maclaryn H – 1O'H, Maja M – 1O'H, Keleigh B – 1K, Chelsea A – 1K, Kamm D – 1K		
Library		Elise B	1O'H	Mina W 3F
Primary Sport		Lucy t	4R	William J 5/6S
PSSA Boys		Sam K	3/4M	Jairus B 3F
PSSA Girls		Megan N	4R	Codie F 5/6S
Class	Student of the Week	Class Awards		
KK	Gabrielle P	Lucius V	Zac B	
KJ	Rose C	Astrid B	Jayden K	
1K	Jezarah C	Keleigh B	Brian V	
1O'H	Maja M	Chloe M	Levi H	
2C	Austin H	Liam S	Bradley S	
2B	Joshua G	Charlotte C	Rizal P	
3F	Thomas G	Jenna F	Emily H	Darpan P
3/4M	Kiera D	Aleeyah D	Karissa R	Emma K
4R	Oliver I	Blake T	Tenisha C	Holly M
5/6M	Natasha B	Chrystal M	Brock F	Claudia H
5/6S	Valentino M	Jack B	Jack W	Joshua B
Bronze Pennant				
Oliver M – 5/6M, Jairus B – 3F, Zac B – 1O'H, Elise B – 1O'H, Elliot M – 3F, Brenda V – 3F, Isabelle K – KJ, Camile P – 3/4M, Astrid B – KJ, Logan S – 2C, Adam H – KJ, Abbey W – 5/6M, Liam N – 3F, Brielle P – KJ				
Premier's Reading Challenge				
Natsuki F – 5/6S, Kota F – 1 O'H, Zayna M – 2B, Ryan E – 2B, Malcolm S – 3/4M, Mina W – 3F, Zara S – 1K				

Bronze Pennant

Principal's Award = 2 points

Principal's Book Work Award = 2 points

Student of the Week Award = 1 point

Certificate of Merit Award = 1 point

2 Bronze Pennants = Silver Pennant

3 Bronze Pennants = Gold Pennant

Chocolate fundraiser

Please return the money collected from Chocolate sales to the school office by the end of this week in the envelopes provided. Remember to mark these clearly with your child's name and class.

Family Photo Fundraiser - Sunday 31st July

Have you booked your family photo yet? Spaces are filling up fast so Book Online at

<http://www.advancedlifestudios.com.au> Use the code Q71 MTG 3V6 to login. You can even bring your family dog along to take part! Feel free to share this offer with your friends and family outside the school !

Ritchie's IGA Community Benefit Fund

Ask in store for your free Ritchie's Community Benefit Card when you next do your shopping at a Ritchie's supermarket (Taren Point is the closet one) or liquor store. Nominate Sutherland North Public School - CB Code 82928 to raise money for the school while you shop.

Movie Night

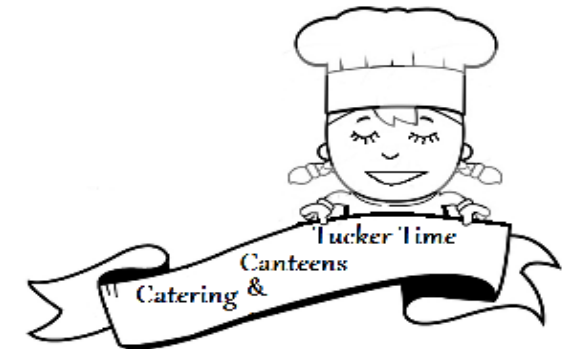
The rumours are true!!! There will be a giant inflatable movie screen set up in the school grounds on Saturday 15th October 2015. We are seeking expressions of interest from local businesses to advertise on the screen or provide food and drinks on the night. Please get in touch with the fundraising coordinator if you know a business that would like to participate – details below.

Volunteers

Thanks to all the Parents and family members who have already put their hands up to help out, you are amazing! If haven't already signed up and are able to help out in any way, please let us know! Join the SNPS Fundraising Committee Group on Facebook or contact Fundraising Coordinator Lindsay Smith on 0405101942.

CANTEEN MENU TERM 3 2016

GREEN-AMBER-RED



HOT FOOD (lunch orders only)

Sweet Chilli Chicken Wrap (salad filling) \$3.80
 Chicken Wrap (salad filling) \$3.80
 Gluten Free Chicken Wrap (salad filling) \$4.00
 Homemade Ham/Cheese Burger (salad filling) \$4.00
 Chicken Drumettes (limit 2) \$1.00 each
 (Honey soy/BBQ)
 Fish Burger \$4.00
 Chicken Nuggets (limit 4) 50c each
 Spinach and Feta Triangles (limit 3) \$1.00 each
 Lasagne/Mc Cheese \$4.00
 Vegetable Spring Rolls (limit 2) \$1.00 each
 Hot Chicken & Gravy Roll (salad filling) \$3.50
 Chicken Burger (salad filling) \$4.00
 Veggie (vegetarian) Burger (salad filling) \$4.00
 Gluten Free Chicken Nuggets (limit 4) 50c each
 Hash Brown (limit 1) \$1.00 each
 Party Pies (limit 2) 50c each
 Hot Dog (Inc sauce) \$3.00/ cheese 50c extra **(FRIDAYS ONLY)**
 LITE Meat Pies \$3.00 **(FRIDAYS ONLY)**
 LITE Sausage Rolls \$2.80**(FRIDAYS ONLY)**

SANDWICHES/ROLLS/GLUTEN FREE BREAD

Vegemite/Jam/Honey \$1.50
 LITE Cheese \$2.00
 LITE Cheese & Vegemite \$2.30
 Egg \$2.60/Add Lettuce \$3.00
 Ham \$2.60/Add Salad \$3.80
 Ham, Cheese & Tomato \$3.40
 Chicken \$3.20/Add Salad \$4.20
 Tuna \$3.00
 Salad \$3.00

COLD SALADS

Greek Salad \$4.00
 Garden Salad \$3. 50
 Egg/Ham/Tuna/Chicken Salad \$4.50

DRINKS

Plain Water \$1.50
 Flavoured Water (apple-rasp, lemonade, orange) \$2.00
 Chocolate/Strawberry Milk \$2.00
 Just Juice (apple, orange, apple blackcurrant) \$1.60

SNACKS (RECESS/LUNCH COUNTER SALES)

LITE Cheese & Cracker Bag \$1.00
 Fresh Assorted Fruit \$1.00
 Rice Crackers \$1.00
 Pretzels \$1.00
 Yogurt Tubs \$1.00
 Bread Sticks 20c each
 Popcorn (plain, chicken, bbq) \$1.20
 Red Twist (limit 3) 20c
 JJs Chips (chicken, Salt & vinegar) \$1.00
 Jelly Cups 50c
 Custard cups 50c
 Party Pies (limit 2) 50c each
 Homemade Pizzas \$1.00
 Homemade Muffins 50c/\$1.00
 Fruit cups 50c/\$1.00
 Sipahh Flavour straws with cup of milk \$1.00
 Ice cream moosies (choc/strawberry/bubblegum) \$1.50

EXTRAS

Tomato/BBQ Sauce 20c
 Paper Bag 10c
 Forks/Spoons 10c(if not ordered with lunches)
 Toasted S/W 30c
 Mayo 20c



***KEEP A LOOK OUT FOR OUR SPECIALS BOARD**

***WE OFFER DIETARY NEEDS FOR STAFF/CHILDREN WITH ANY ALLERGYS**



SUTHERLAND NORTH PUBLIC SCHOOL

Dear Parents/Carers

Our school has registered to participate in the **2016 NSW Premier's Primary School Sport Challenge**.

The purpose of the Challenge is to encourage students to participate in sport, games and physical activity and to have *more students, more active, more often!*

Over a ten week period (starting 18/7), Sutherland North students will be monitoring their physical activity during class time, at recess and lunch as well as during sport. What we do outside school hours will also count towards the Challenge award.

We would especially like to invite all our families to support us in encouraging students' healthy use of leisure time and to experience the joy of being active together.

Each student will be issued with a Challenge log book to record their physical activity.

Students completing the Challenge will receive a personalised certificate from the Premier of New South Wales. The school will also receive valuable sporting resources at the completion of the challenge.

Physical activity is valued for its physical, social and emotional benefits. It also helps young people to develop communication skills, confidence and resilience while having fun with family and friends.

For more information on the *NSW Premier's Sporting Challenge* please visit <https://online.det.nsw.edu.au/psc>

I know our students are really looking forward to participating in the *NSW Premier's Primary School Sport Challenge* and having fun along the way!

Yours sincerely

Luke Fleming

1/ 7/16



Seasons for Growth

This is an eight-week program for children aged 6 to 10 years that have experienced grief and loss in their lives due to a significant change such as death, separation of parents or a natural disaster.

Children will learn:

- to understand and talk about the normal range of emotions experienced during major change, grief and loss
- how to build positive relationships with family and friends
- how they can participate in a caring and confidential network of peers and adults
- about resiliency
- how to plan for a realistic and hope-filled future

Wednesday, 4:00pm – 5:00pm

27 Jul | 3 Aug | 10 Aug | 17 Aug | 24 Aug

31 Aug | 7 Sep | 14 Sep 2016

Cost: \$50 per child

Venue: Caringbah Interrelate

**Address: 383-385 Port Hacking Rd
Caringbah**

Bookings Essential – Phone 8522 4408

Note: This program is developed by Good Grief and facilitated by Interrelate





Talking Together & Fighting Fair

Conflict is a normal part of any relationship, however it is how conflict is managed that really counts.

This six-session program will assist couples to communicate more effectively and avoid misunderstandings, even about difficult topics.

Couples will develop the skills to:

- express concerns in a helpful and constructive way
- reach an understanding of each other
- communicate clearly about important issues
- deal with differences of opinion more easily and more effectively
- identify differences which cause conflict
- manage conflict constructively
- resolve conflict when emotions are running high
- make decisions and negotiate outcomes which are satisfactory to both partners

Date: 28 Jul | 4 Aug | 11 Aug | 18 Aug | 25 Aug |
1 Sep – 6:30pm to 9:30pm

Venue: Caringbah Interrelate:
383-385 Port Hacking Rd, Caringbah

RSVP: Ali 8522 4408

Cost: \$150 per
couple

St Pats. Rego Dates



St Pats Cricket has girls and boys participating in teams of all junior age groups and grades, including a girls competition. We cater for all the different levels of skills and experience, from the complete beginner to those aspiring to representative teams. The season runs from Sept. to March, but takes a break during the holidays and long weekends. Under 8 games last 90 mins U10 2 hours

Registration Days / Grading Trials

Under 8 (games take only 90min on a Saturday morning) No Grading trials necessary, register at Waratah Cricket Nets Sutherland. Sundays, 24 and 31 July and 7 August from 9.30 to 10.30am
Under 10 to 12 (Competition games range from 2 to 3 hrs on Sat morning depending on grade) 8.30 am to 10.00 am. Sundays. 24 and 31 July and 7 August at Waratah Cricket Nets Sutherland
Under 14 to 16 8.30 to 10.00am. Sundays 24 th and 31st Jul and 7th August Registrations only Cricket Nets, Waratah Oval, Sutherland.

Everyone is encouraged to attend as many trials as possible. Ages are determined as at 31/08/16. New players need to bring a copy of their birth certificate to registration.

We encourage online registrations via www.playcricket.com.au

For more information visit www.stpatscricket.org.au or contact Kelly on 0435 194 252 email registrar@stpatscricket.org.au