



Sutherland North Public School



School-talk – 5 November 2018

Principal's Message – Fiona Young

Kindergarten 2019 Orientation

It is a Sutherland North tradition that current Kindergarten families provide morning tea for the incoming Kindergarten families. The final transition to school session is being held on Wednesday 7 November. Kindergarten 2018 parents are asked to bring a plate of food to share. Please remember no nuts or peanut butter products. The morning tea will be held in the hall from 10.30 to 11am. Our current kindergarten parents are very welcome to attend.

School Uniform

Please assist us in making sure your child is wearing the correct school uniform each day and sports uniform as required. Student's school shoes should be black. The girls should be wearing white socks that show above the shoe around the ankle. Socks sitting below the shoe are not school uniform. The boys wear grey socks that show above the shoe around the ankle. We also have a no hat; no play policy which involves wearing a Sutherland North school hat.

You can purchase all student uniform requirements from the School Uniform Shop which is open for purchases every TUESDAY 8.30am – 9.00am, located in the school hall.

2019 Planning and Organisation

We are currently in the process of organising staffing and student classes for 2019. Today our numbers indicate we will remain with 11 classes in 2019. If your child/ren will not be returning to our school in 2019 (apart from year 6) please put this in writing to Mrs Young as soon as possible.

If your child will not be present for the first two weeks of the 2019 school year but will be returning to SNPS this must also be communicated in writing to the Principal as soon as possible.

Student Allocation Process

The school staffing structure and formation of classes at SNPS is governed by the Department of Education staffing formula. A school structure that best meets the needs of all students and teachers is a collaborative process designed by staff and ratified by the Principal. The Principal has the delegated authority to determine the final makeup of classes.

The classes are formed in the best interests of ALL the students. In this process the following criteria, not in order of importance is taken into consideration,.

Identification of Student Needs

This is achieved through:

- Professional conversations and consultation with staff who are familiar with students
- Has the student been taught by the teacher in previous years
- Academic and welfare data
- Learning adjustment requirements

Term 4 - 2018

November

Monday 5

Gymnastics 3-6

Tuesday 6

Gymnastics K-2

Wednesday 7

Kindergarten 2019 Orientation

Thursday 8

Music Bus Demonstratoin Day

Assembly 12.30pm

Friday 9

PSSA Sport

Monday 12

Gymnastics 3-6

Tuesday 13

Gymnastics K-2

Interrelate – Year 6

Thursday 15

Assembly 12.30pm

Friday 16

PSSA Sport

- Student friendships, personalities
- Students educational history
- Behaviour support
- Gender balance
- Significant information that may be provided by parents of educational reasoning (history, social and emotional factors).

Allocation of Teachers

This is determined after a consultative process that takes into consideration:

- Teacher preferences
- Past experience
- Skill and expertise
- Professional learning goals
- Effective balanced stage teams
- New teachers to the school and/or Graduate Teachers
- Requests for particular teachers will not be considered and is discouraged.

We appreciate that you trust our professional judgement taking into account the multitude of factors that influence the placement of over 260 children. If you feel there is information of educational reasoning that should be considered for 2019 classes, you are welcome to put this in writing to the Principal by 3pm Friday 17 November.

Mrs Young

GENERAL ORGANISATION				
Office Hours 8.30am – 3.30pm Ph: 9521-2226	Uniform Shop 8.30am – 9.30am Tuesdays only	Canteen Mondays and Thursdays Only Orders must be placed by 9am	Before & After School Care Ph: 8853 1600	SECURITY HOTLINE 1300 880 021

Assembly Awards Term 4 Week 2				
Award		Student Names		
Principal's Award		Rebecca L – 1E		
Library		Callie S – 2I, Ryan B – 3/4Y		
Class	Student of the Week	Class Awards		
KR	Charlize C	Bronte M	Joshua M	
KB	Elena M	Amalia P	Blake S	
1T	Jackson S	Chloe B	Tamiah C	
1E	Beau H	Oscar M	Felicity T	
2V	Angus E	Julianne V	Brielle P	
2I	Astrid B	Lucy B	Ethan O	
3G	Zara S	Nadia B	Kota F	George G
3/4Y	Zayna M	Mya L	Nelly I	Joshua G
4/5M	Kristina M	Prabuddhi P	Ryan E	Brayden O
5/6O	Blake J	Joshua M	Ebony S	Holly M
5/6P	Lucas P	Camille P	Penelope A	Jenya S
Silver Pennant				
Thomas W – 1E, Jazahra F – 1E, Zayna M – 3/4Y, Lexi C – 3/4Y, Ryan B – 3/4Y, Laila S – 3G, Sienna T – KB, Amelie S – 1T, Harrison S – 5/6O, Rebecca L – 1E, Austin H – 4/5M, Hazel M – KB, Aiden D – 1T				
Gold Pennant				
Micab G – 1E, Tahlia G – KR, Ellani D – 5/6P				

Assembly Awards Term 4 Week 3				
Award		Student Names		
Principal's Award		Gabrielle P – 2V		
Library		Hazel M – KB, Maclaryn H – 3G		
Infants Sport		Charlize C – KR, Zachary G – KB		
PSSA – Girls		Hannah M – 5/6P		
Class	Student of the Week	Class Awards		
KR	Henry W	Kaito W	Carter-Roam P	
KB	Emma S	Thomas H	Siana Z	
1T	Andrea S	Amelie S	Liam S	
1E	Jazahra F	Zara C	Sierra W	
2V	Mia H	Lincoln R	Harry P	
2I	Mikayla B	Jesinta D	Jacob K	
3G	Joshua T	Ava G	Ronnie J	Bobby S
3/4Y	Harry K	Patrick S	Jayden R	Hannah F
4/5M	Thomas G	Lily J	Grace P	Rizal P
5/6O	Ry O	Ewan M	Jessica B	Darcy J
5/6P	Penelope A	Lucas P	Tyler M	Mina W
Gold Pennants				
Kai S – KB, Nelly I – 3/4Y, Kota F – 3G				
Silver Pennants				
Isaac L – 3/4Y, Maclaryn H – 3G, Henry T – 3/4Y, Joshua G – 3/4Y, Chloe D – 1E				
Bronze Pennants				
Isaac L – 3/4Y, Camille P – 5/6P				

Year 2 students: Gemma, Brielle, James and Julieanne with poems about 'Summer'



Super BEAR Reader- Micah



Building Resilient Children – Everybody's Business

Life can be challenging especially when we are met with stressful situations. These include: sudden changes, relationship difficulties, unsafe neighbours, hectic schedules, feelings of isolation, discrimination, financial hardships, and serious challenges. When we build resilience, what we aim to do is develop social skills and an ability to regulate our emotions. These skills equip us to navigate the ups and downs of life, providing access to coping strategies and supports. While it is normal to experience challenging emotions, it is important we are able to bounce back so we can continue to thrive.

A positive first step towards strengthening resilience in children is to build a vocabulary to help them understand and express their emotions.

By being willing to feel our emotions, they'll have less impact and influence over us.

It is important that as adults who are guiding children, we are able to identify how we are feeling too, as well as have an awareness of other people's emotions.

Strategies to support our children include:

- Labelling our emotions and modelling acceptance and space for them. For example, "I am having the feeling of joy", "Embarrassment is unpleasant but I accept it"
- When discussing situations link them to how you and your child is feeling. For example, "I feel really sad that (our family member) is sick in hospital/away. I sometimes feel like crying and I know I have been quiet because I miss him/her so much. I even feel angry some days"
- Compare how different people can respond differently to the same situation. You may do this when discussing social situations, talking about characters in books/ computer games/ film.

Frequent discussions with children help them to develop skills in perspective taking and building resilience over time.

Tommasina Owens
School Counsellor



The new recruits, here are some of our **Green Team** students for Term 4. They were enthusiastic and open to trying some of the veggies.

Fantastic effort Juniors!



Green Team Veggie Sale

KALE IS COMING! Please bring a \$2 coin on Friday 9th November if you would like to support our school and buy a bag of kale, grown with love by our students. Recipe ideas below:

SMOOTHIE IDEAS: <https://www.blendtec.com/blogs/news/10-savory-kale-smoothies>

SALAD RECIPE:

GREEK KALE SALAD WITH LEMON OLIVE OIL DRESSING

Ingredients

- GREEK SALAD INGREDIENTS
- 1 large bunch about 10 ounces or 3-4 cups kale leaves, finely chopped
- 1 pint cherry or grape tomatoes halved
- 1 cucumber seeded and diced
- 1/2 red onion thinly sliced
- 1/2 cup crumbled feta cheese
- LEMON DRESSING INGREDIENTS
- 1/2 cup extra virgin olive oil
- 1/4 cup lemon juice
- 1 garlic clove minced
- 1 teaspoon dried oregano
- Salt and pepper to taste



Thanks for your support

GREEN TEAM

Creative and Critical Thinking in 3G

Students in 3G have been using their creative and critical thinking skills to design and make toys and instruments using recycled materials.





The Music Bus – Open Day

Sutherland North Public School will be running a fun and interactive Music Bus Open day this term! On the day you'll have the chance to visit the bus, meet the teacher and ask any questions you might have along the way. All students will also be invited to take part in a short, interactive session on the bus throughout the school day.

Offering weekly lessons in keyboard, guitar, ukulele, singing, drums and rock band, The Music Bus program provides the teacher and the instruments, all inside a high-tech, mobile music classroom (the bus!),



At the end of the activities, students will be given an Expression of Interest form. All students not already part of The Music Bus program, who would like to join, will need to return the form to the school office **within 7 days**. The Music Bus will then be in touch with you to book students into lessons.

Mark Your Diaries - Thursday, 8th November

1. **Parent Info Session - 8:15 am - 8:45 am** - Parents can visit the bus, meet the teachers and ask questions if they wish.
2. **Student Tours** - All students will take part in a short interactive session on the bus throughout each day.

To find out more, visit www.themusicbus.com.au or call 1300 168 742.

NSW PSSA - State Athletics Carnival

On Wednesday 31st of October Rachel, Angus, Bobby and Blake attended the State Athletics Carnival, held at Sydney Olympic Park, Homebush. Rachel competed in Discus, Angus competed in High Jump, Bobby competed in the 8yrs 100m and Blake competed in the 13yrs 100m. Congratulations to all four students for your outstanding sporting achievements.



Bobby placed 16th place in the state!

Advertising

16th November
 6.00pm-9.00pm



Boutique Shopping Experience

Come & enjoy a boutique shopping experience at Yowie Bay Public School. This year we have many new exciting stalls and many of our favourites returning.

Bring your friends, Mum, Grandma and your Christmas shopping list!

Gold coin entry. Browse through many unique and exciting stalls.

Port Hacking High School are sending special selections from their Performing Band to give us the music to shop to.

Buy a \$10 ticket for your chance to win a door prize and receive a free glass of champagne to sip whilst shopping!

Delicious finger food will be available for purchase on the night.

We hope to see you at the 2018 Yowie Bay Public School Twilight Markets

Please note: This is an adults only event



MAJOR SPONSOR:



GREG GILBERT
REAL ESTATE

NEW SATURDAY COMP - Miniball

For the first time ever we will be starting a Saturday basketball Competition at Sutherland and we would love for your school to join!

This is an amazing opportunity to start basketball because:

- First Saturday comp ever - LOTS of first time basketballers
- Separate Boys & Girls comps
- Very low cost \$400/team (\$50/player if 8 players on the team)

Here are the basic details:

- What:** Summer Miniball Competition
- When:** Saturdays
- Where:** Sutherland Basketball Stadium
- Training:** Organise your training or we can organise training for you
- Games:** First Game - 17th Nov, Last Game - 9th March 2019
 **No games in the school holidays
- Ages:** Kindy, U8's, U10's & U12's
- Cost:** \$400/team (includes 10 games)

TWO EASY WAYS TO JOIN!

1. Get a group of friends together and create your own team
2. Nominate as an individual and we can add you to a team

Email all enquiries to: Development@sutherlandbasketball.net.au





Lee's Learning Centre is excited to announce our newly purpose built Educational Long Day Care centre at [121 Waratah Street, Kirrawee](#).

At our small “family orientated” centre, we are committed and proudly provide our children with:

- The best care in a safe and happy environment along with a preschool program delivered from our qualified Early Childhood Teachers
- Premium education and care for children from birth to six years of age
- Highly qualified and passionate educators
- Experienced and caring operators
- Fresh, healthy and nutritious multicultural meals prepared by our full time chef
- Nappies and bedding for all age groups
- Water and sunscreen
- Operating 50 weeks per year
- Opening hours 7:30 am – 6:00 pm Monday - Friday
- High staff to child ratios across all age groups exceeding national standards
- We will be conveniently located a few doors away from The North Sutherland primary school with plenty of car parking on premises.



Our anticipated centre opening is scheduled for January 2019

Please visit our website www.leeslearning.com to join our waiting list.